

# **4-H Family News**

**Oakland County** 



### 2022-2023 Achievement Awards!



Thank you to everyone that applied to receive an award. Invitations have been sent via email to all award recipients.

Oakland County 4-H has a proud county-based awards program that can be traced back to 1980. Hundreds of 4-H youth have been awarded since that time and the tradition has grown into the present day 4-H Achievement Awards.

The 4-H Achievement Awards is a fun evening that honors youth 4-H members and volunteers for their efforts and accomplishments throughout the year. It is their commitment and dedication that encourages each individual to grow, makes our community stronger, and contributes to shaping the future.

Date: Saturday, January 20, 2024

**Time**: 1-4 p.m.

Location: Lafayette Grande Banquet Facility, 1 Lafayette St, Pontiac,

MI 48342

Please use this link to RSVP:

https://events.anr.msu.edu/4hachievementawards2023/

For questions, please contact Cheyenne Shields <a href="mailto:shield69@msu.edu">shield69@msu.edu</a> or 248-858-0435

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Please follow us on our new Instagram! @oakland4h.msue https://www.instagram.com/oakland4h.msue/

# **New Year's Give Back to your Community**

Oakland County 4-H is looking for adults to share their life skills and talent with youth, ages 5-19! All project areas are welcome!

Adults aged 21 and older are encouraged to join our community of volunteers to make the best better! Opportunities include starting a new club, joining an existing club, helping with special events or running a six week Special Interest Club (SPIN). It only takes 2 leaders and 5 youth to start a 4-H Club!

Want to get involved? Contact our 4-H Program Coordinators.

Debbie Morgan, morga194@msu.edu Lisa Mazzola, mazzolal@msu.edu Cheyenne Shields, shield69@msu.edu



# National 4-H Conference – Save the Date!

National 4 H Conference is the pinnacle experience in 4 H Civic Engagement, providing the opportunity for young people to connect, learn, engage, lead, and impact their communities, nation, and world. At the conference, delegates (ages 15-19) will have the opportunity to participate in round table discussions, present to federal partner agencies, and engage with their U.S. Senators and Representatives. To sign up, contact your county MSU Extension 4-H Program Coordinator (<a href="http://msue.anr.msu.edu/county">http://msue.anr.msu.edu/county</a>) or Liana Pepin at deisenro@msu.edu.





# Exploration Days - June 19 - 21, 2024

Join 1,000 youth from across Michigan on MSU's campus to explore YOUR future! Live like a college student and learn about future careers at 4-H Exploration Days. This three-day pre-college program is designed to help you explore careers, build skills and envision your future. Choose from more than 100 fun learning sessions on a variety of topics that are led by MSU faculty, 4-H staff and volunteers, and other experts! You'll stay in and eat at MSU residence halls, attend sessions in buildings throughout campus, and of course have fun at free-time activities across the university!

Registration opens in March. Scholarships are available!





## 2024 State Rabbit and Cavy Expo and Show

Join us for the State 4-H Rabbit and Cavy Expo and Show! Youth may choose to exhibit their rabbit and/or cavy as well as compete in other contests such as breed identification, photography, and educational display. Here by popular demand, Rabbit and Cavy Showmanship! Showmanship exhibitors are required to preregister by January 19, 2024 at:

https://events.anr.msu.edu/showmanship\_state\_rabbit\_and\_cavy/.

# 2024 STATE RABBIT AND CAVY EXPO AND SHOW SHOWMANSHIP CONTEST Cost for the showmanship contest is \$2.00. Register by January 19th, 2024 Day of show entry for: - breed classes - \$4.00 per entry - photography - \$2.00 per entry - breed identification \$2.00 per entry - breed identification \$2.00 per entry - educational display \$2.00 per entry - which is a supplied to the supplied of the supplied in the suppli

# **Adulting 101**

MSU Extension 4-H has an exciting new line up of Adulting 101 sessions coming up in 2024. Join us monthly for FREE sessions to build life skills helpful in transitioning to "adulthood." Learn more and sign up here: https://www.canr.msu.edu/events/adulting-101-2024

- The Psychology of Spending and Saving January 17 at 6 pm
- Fostering Healthy Relationships February 12 at 5 pm
- Keeping Your Money Safe March 19 at 6 pm
- Cover Letter and Resume Writing April 10 at 6 pm
- Build and Protect Your Credit May 15 at 5 pm
- Traveling on a Budget June 6 at 6:30 pm
- Cooking Basics July 16 at 4 pm
- Summer Berries: Jam and Jelly August 12 at 4 p.m.
- Changing the World with Your One Vote September 16 at 5 pm
- Paying for Post-Secondary Education October 16 at 5 pm
- Cracking the Code to College November 19 at 5 pm





# STATEWIDE CALENDAR OF EVENTS

# Reserve your tickets for Michigan 4-H Day with the Detroit Tigers



Join Michigan 4-H and MSU Extension for a fun day at Comerica Park to watch the Detroit Tigers take on the Kansas City Royals! 4-H youth, volunteers, staff and their families will enjoy discounted tickets. In addition, Michigan 4-H quests will receive:

- A dual-branded Michigan 4-H and Detroit Tigers item (details to be released shortly).
- An exclusive pregame on-field opportunity.
- A portion of each ticket sold donated to Michigan 4-H.

Tickets are available in a variety of locations throughout the stadium, with prices ranging from \$27 - \$59. To order your tickets, visit <a href="https://www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers">www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers</a>.

# January 9: 4-H Wild Spartans - Anishinaabe Perspectives in Natural Resources Management Online

This month's 4-H Wild Spartans Series will delve into how tribes use traditional knowledge and values (giikendaasowin) in natural resources management. Meet Brad Silet, biologist with the Sault Ste. Marie Tribe of Chippewa Indians, learn about his field work, and the education and career path he followed to get there. This free series is open to 4-H and non-4-H youth ages 12-19. www.canr.msu.edu/events/wild-spartans-series-2023-2024-jan

# January 17: Adulting 101 - Psychology of Spending and Saving Online

The 4-H Adulting 101 series helps young people prepare for college or life on their own through free online sessions. Join this session to reflect on your personal financial journey, your emotional connection to money, and gain budgeting resources to help you along the way. www.canr.msu.edu/events/psychology

# **January 22: The Parent Talk System Webinar Series Online**

The Parent Talk System is a FREE online course for parents of toddlers to teens to improve communication and provide strategies for raising confident, caring, responsible children. www.canr.msu.edu/events/the-parent-talk-system-webinar-series-january-2024

# January 23: Michigan 4-H Volunteer Webinar - Teaching Science When You Don't Know Diddley-Squat

Online

Explore ways 4-H volunteers can utilize a series of science lessons from MSU Extension that can be taught with no science background and household materials. This series will provide volunteers with a variety of learning opportunities to help them grow as a volunteer and support Michigan 4-H'ers. This session will be offered twice, once as a daytime option and once as an evening option.

- 12 p.m. session: www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teachingscience-when-you-don-t-know-diddley-squat
- **7 p.m. session:** <u>www.canr.msu.edu/events/michigan-4-h-volunteer-webinar-teaching-science-when-you-don-t-know-diddley-squat7pm</u>

### February 17: 4-H Animal Science Career Quest

MSU Campus, East Lansing

Interested in a career working with animals? Learn more about career paths in animal science and veterinary medicine, as well as the MSU programs that can get you there! This program is a joint effort of Michigan 4-H, the MSU Department of Animal Science, and the MSU College of Veterinary Medicine. It is open to youth ages 12-19 and 4-H volunteers. Registration closes Feb. 1. www.canr.msu.edu/events/4-h-animal-science-career-guest-2024





# **STATEWIDE 4-H NEWS**



# 2024 4-H Day at the Breslin Center

MSU Extension invites 4-H members, families, volunteers and staff members to join them Feb. 24 for Michigan 4-H Day at the Breslin. This fun family event will be held at the Jack Breslin Student Events Center as the MSU women's basketball team takes on the Rutgers Scarlet Knights.

The 18th annual event celebrates the 4-H and MSU Extension community. Attendance is free for MSU Extension friends, Michigan 4-H members and their families, MSU Extension and 4-H volunteers, as well as MSU Extension professionals. Make ticket reservations at extension.msu.edu/4HDayatBreslin2024.

"Our 4-H programs reach every county in the state and 4-H Day at the Breslin is a fun way to bring that community together for a day of comradery and celebration," said Julie Chapin, director of MSU Extension children and youth programs. "We can't wait to join with the youth, families, volunteers and staff that make these programs possible."

4-H Day at the Breslin participants are encouraged to come early to partake in MSU Extension games and activities throughout the concourse. Doors will open at 12:30 p.m., with tip-off scheduled for 2 p.m. Participants are encouraged to show their pride and wear green and white 4-H or MSU Extension apparel. Michigan 4-H will be showcased during the halftime show as a group of 4-H youth will lead the crowd in reciting the 4-H pledge.

Visitors to Breslin Center events must comply with MSU's <u>clear bag policy</u>. For more information on this event, contact your local MSU Extension office.

# Resolve to have a great 4-H year

Adapted from: https://www.canr.msu.edu/news/resolve\_to\_have\_a\_great\_4\_h\_year.

As we start the New Year, how can 4-H clubs resolve to improve in the year ahead? Here are ten suggestions to make the upcoming year a successful one.

### Resolve that:

- 1. Club meetings will start and end on time.
- 2. Business meetings will follow Robert's Rules of Order and that all club paperwork, such as minutes, club inventory and financial statements, will be completed in a timely manner.
  - All members will take part in discussions and have a say in decisions that are made.
     Keep a chart with each members' name and when they speak at business meetings.
  - 4. The club meeting place will be a safe, comfortable and welcoming environment for all club members.
  - 5. Fun will be included in each meeting.
  - 6. A learning activity will be included in each club meeting. Ideas include exploring a new 4-H curriculum, having members volunteer to do a demonstration, doing a show and tell about each members' favorite project, or bringing in a guest speaker.
  - 7. The club will pursue at least one community service project chosen, planned and celebrated by the club.
  - 8. New members will have a buddy they may talk with about any 4-H questions.
  - 9. The 4-H pledge will be said at every meeting.
  - 10. Every club member will be recognized in some way to let them know they are cared about.

